

Satipaṭṭhāna Rethought Retreat with Venerable Cintita

@ American Bodhi Center, Hempstead TX

Date : 5/24/2024 to 5/27/2024 (Memorial Day Weekend)

Check in: 5/24/2024 3pm-5pm

Check out: 5/27/2024 4pm

Address: American Bodhi Center, 29123 Mellman Rd, Hempstead, TX 77445



Scan for registration

Course, accommodation and meals are free. Donations are welcome.

Register early. Limited seating.

Register at: <https://forms.gle/anCSq2iWUZopdb966>

Contacts:

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Bhikkhu Cintita is an American Buddhist monk, scholar, writer and practitioner. Before entering monastic life, he was an academic with a research program in cognitive science and artificial intelligence. He became a professor of computer science, and then conducted research and development in the corporate world. He retired from professional life to devote himself entirely to Buddhism in 2001, ordained as an Zen priest in Austin, TX in 2003, than as a Theravāda monk (bhikkhu) in Myanmar in 2009. He resides at a Burmese monastery in rural Minnesota.

Satipaṭṭhāna is the Buddha's method of wisdom contemplation that gave rise to most of the Buddhist meditation techniques we recognize today. *Satipaṭṭhāna Rethought* is the product of a critical, cognitively realistic interpretation of this teaching, based strictly on a close reading of the early texts. It integrates Dharma study, experiential investigation, and meditative composure (samādhi/jhāna) to produce "knowledge and vision of things as they are," which the Buddha declared to be close to awakening.

